



MOVEMENT CONTROL ORDER (MCO) GENERAL SOP

UPDATED: 12 JANUARY 2021

Unofficial
Translation



Permitted Activities

- Essential services and its supply chain
- Purchasing / obtaining essential goods and services
- Obtaining healthcare treatment & medicine
- Conducting Official Government business and judicial duties

Unauthorized Activities

- Inter-district movement in MCO areas and inter-state movement without permission from the RMP
- Movement in and out of MCO areas without permission from the RMP

Standing Orders

- Regulation 15 P.U. (A) 8/2021
- Subject to conditions issued by NSC and MOH
- Orders and rules under the local authorities
- Other orders issued from time to time by the Director General of Health

Effective Period

24 hours

Permitted Hours for Activities

As prescribed in the brief descriptions

Movement of Residents

With conditions

ACTIVITY AND PROTOCOL

Activity	Brief Description
Areas Involved	PENANG, SELANGOR, THE FEDERAL TERRITORIES (KUALA LUMPUR, PUTRAJAYA AND LABUAN), MELAKA, JOHOR AND SABAH
Effective Period	13 January 2021 (starting 12:01 am) until 26 January 2021 (11:59 pm)
Movement Control	<ul style="list-style-type: none"> • The Royal Malaysian Police (RMP) is responsible for exercising control over locally infected areas with the assistance of ATM, APM & RELA. Entry and exit routes of MCO areas are closed and entry is controlled by the RMP. • All residents in MCO areas ARE NOT ALLOWED to leave their respective residence/homes except: <ul style="list-style-type: none"> ➢ Only two (2) household representatives are allowed to go out to obtain food supplies, medicine, dietary supplements and basic necessities within a radius not exceeding 10 kilometres from their residence or in the event the necessary supplies are not within a 10 kilometre radius from their residence, to the place nearest to it. ➢ A maximum of three (3) people only including the patient are allowed to go out to obtain healthcare services or medicine within a radius not exceeding 10 kilometres from their residence or in the event healthcare services or medicine are not within a 10 kilometre radius from their residence, to the place nearest to it. ➢ Students and candidates sitting for the 2020 and 2021 Sijil Pelajaran Malaysia (SPM), Sijil Tinggi Pelajaran Malaysia (STPM), Sijil Vokasional Malaysia (SVM), Sijil Tinggi Agama Malaysia (STAM), Sijil Kemahiran Malaysia (SKM), Diploma Vokasional Malaysia (DVM), Admission to Special Schools for Form 1 and Form 4 Examinations and equivalent international examinations are allowed to attend school across MCO or CMCO or RMCO areas in accordance with the school calendar as set by the Malaysian Ministry of Education (MOE) with confirmation documents from MOE, and movement to and from school can be accompanied by a guardian.



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Movement Control	<ul style="list-style-type: none"> • Matriculation colleges are allowed to operate during the MCO. Students in boarding schools / university / institutions are allowed to be in the boarding school / university / institution and to continue hybrid learning. • International examinations and professional bodies as well as research activities that require laboratory facilities in Higher Education Institutes (HEIs) are allowed in accordance with the relevant HEI SOP and movement must be accompanied by confirmation from the Ministry of Higher Education (MOHE) or relevant HEI. • The movement of lecturers/teachers/instructors for the purpose of Lecturing and Teaching classes involved in examinations are allowed with confirmation from MOE and MOHE. • Movement for the admission of students to dormitories for examination classes set by MOH and MOHE are allowed with confirmation from MOH and MOHE. • Students must obtain a movement permission letter to cross states or districts to return to campus from the relevant HEI. • Movement into/in-and-out of MCO areas for emergency cases such as death are allowed after obtaining permission from the RMP. • Movement into/in-and-out of MCO areas for emergency cases such as natural disasters are allowed. • Movement for disaster/humanitarian relief by NGOs must have permission from the RMP and the assistance is to be channelled through the Disaster Operations Control Center (DOCC) under the Natural Disaster Management Agency (NADMA). • Control of movement in and out of Sabah during the MCO period is in accordance with the MOVEMENT CONTROL ORDER (MCO) SOP FOR THE WHOLE STATE OF SABAH. • The Periodic Commuting Arrangement (PCA) and Reciprocal Green Lane (RGL) between Malaysia and Singapore will be continued based on the agreement.



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ACTIVITY AND PROTOCOL

Activity	Brief Description
Activities in MCO Areas	<ul style="list-style-type: none"> • All activities other than those listed in the LIST OF ESSENTIAL SERVICES are NOT ALLOWED. • Restaurants, shops / dining outlets, food trucks, roadside hawkers, mobile hawkers, food court / hawker centres, roadside stalls / kiosks, grocery and convenience stores are ALLOWED to operate between 6.00am until 8.00pm. • Supply and sale of food activities are only allowed through take-away, drive-through or delivery from 6:00am to 8:00pm. • Hospitals, clinics and medical laboratories can operate 24 hours or in accordance with their license to operate. • Pharmacies can operate from 6:00am to 8:00pm. • Convenience stores can operate from 6:00am to 8:00pm. • Petrol Stations can operate from 6:00am to 10:00pm except for petrol stations on highways which can operate 24 hours. • Day markets and wet markets can operate from 7:00am to 2:00pm • Wholesale Markets can operate from 12:00am to 6:00am and 11:00am to 4:00pm. • Clinics and Pet Stores are allowed to operate from 6.00am to 8.00pm. • Laundry Services except for self-service laundromats are allowed to operate from 6:00am to 8:00pm
Permission to operate and movement for essential services	<ul style="list-style-type: none"> • All sectors in the list of essential services registered with the relevant Ministry / Agency can operate during the MCO period. The movement of employees is subject to the registration / operating permission letter and employee pass/employer confirmation letter. • Movement for official Government business must be accompanied by an employer confirmation document. • Employee attendance capacity for essential services is limited to employees who need to be physically present at the workplace for the purpose of performing their duty and other categories of employees in the essential services can work from home. (The employer is responsible for making category classifications to reduce the number of people in the workplace to the required state).



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Activity	Brief Description
Activities in the Mosque / Surau and houses of worship	<ul style="list-style-type: none"> • For the purpose of managing the mosque/<i>surau</i> and houses of worship, a total of 5 committee members are allowed to attend. • Friday Prayers in the Federal Territories of Kuala Lumpur, Labuan and Putrajaya are allowed with a maximum of 30 people whereas in the states of Selangor, Penang are subject to the State Government and State Religious Authority.
Relaxation for Recreational Activities	<ul style="list-style-type: none"> • Jogging is allowed in groups not exceeding 2 people, only in residential areas. • Group cycling is NOT allowed. Cycling individually not more than 10 km from the place of residence is ALLOWED.
Day Care Centers, NURSERIES, Kindergartens and <i>Tabikas</i>	<ul style="list-style-type: none"> • Day care centers, Nurseries, <i>tabikas</i>, and kindergartens are allowed to operate with permission to operate by the relevant Ministry / Agency. • Parents / guardians sending their children to day care centers are allowed to use vehicles with a number of child passengers according to the capacity of the vehicle.



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LIST OF ESSENTIAL SERVICES

(Only 30% attendance from the management group whereas the number of employees is determined by the employer while ensuring physical distancing practices and public health protocols can be implemented in the workplace)

Manufacturing:

1. Aerospace including MRO;
2. Food, beverages and its supply chain;
3. Packaging and printing;
4. Household products, personal care items (FMCG - soap, personal cleansers and etc.) and detergents including its supply chain;
5. Health and medical care including dietary supplements;
6. Personal protective equipment (PPE) and fire safety equipment;
7. Components for medical devices;
8. Electrical and electronics;
9. Oil and Gas;
10. Petrochemicals and petrochemical products;
11. Chemical products;
12. Machines and equipment;
13. Ceramics (ceramics as a mold for making gloves);
14. Iron and steel;
15. Textiles involved in the production of PPE only;
16. The furniture sector; and
17. The production, distillation, storage, supply and distribution of fuel and lubricants.



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Construction

18. Construction:
 - i. Critical maintenance and repair work;
 - ii. Major public infrastructure construction works; and
 - iii. Construction work on buildings that provide complete accommodation for workers at the construction site or workers housed in the Centralized Living Quarters (CLQ).

Services

19. Automotive (Repairs and Maintenance Only);
20. Financial Services and its supply chain:
 - i. Financial Institutions (Banking, Insurance, Takaful and other entities licensed, approved or registered by Bank Negara Malaysia); and
 - ii. Capital market entities licensed, registered or regulated by the Securities Commission of Malaysia.
21. Municipal and local government services:
 - i. Pawn shops / community credit (licensed moneylender company);
 - ii. Solid waste / sewerage management;
 - iii. Public sanitation; and
 - iv. Premise cleaning and sanitation.
22. Telecommunications and digital infrastructure including ICT services and Global Business Services (GBS);
23. E-commerce and its supply chain including e-marketplace services, digital payments and one-stop e-commerce internet centres;



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Services

24. Hotel and accommodation;
25. Agriculture, fisheries and livestock including veterinary services:
 - i. Farm management/ swift bird nests/ horses/ animal processing plants/ slaughterhouses/ livestock/ animal feed factories/ suppliers such as vaccine/livestock management/pet stores (livestock transfer operations are to be carried out at night);
 - ii. Disease control and regulation of livestock production, livestock inputs and products related to the livestock industry (including export and import); and
 - iii. Health management, disease diagnostics and animal treatment.
26. Utilities (water and energy);
27. Professional services (including accountants/ lawyers/ auditors/ engineers/ architects); scientists (including R&D) and technics (including maintenance);
28. Security Services;
29. Security and Defence;
30. Transportation via land, sea and air; and
31. Port, shipyard and airport operations and services, including loading, unloading and transfer of cargo, pilotage, storage and commodity exchange.



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Trade Distribution

32. Warehousing and Logistics;
33. Services/ Sales/ Food and Beverage Delivery; and
34. Retail/ Distribution/ Wholesale.

Plantation and Commodities

35. Agriculture, fisheries and livestock and its supply chain; and
36. Plantation and commodities and its supply chain.

Others

37. Any other service, work, industry and business as determined by the Minister of Health upon consultation with the authorities regulating the related service, work, industry and business.



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List of PROHIBITED Activities (Negative List)	
Economic Activities	<ul style="list-style-type: none"> • Night market operations and Late Night Markets • Operations of clothing stores, self-serve laundromats, optical shops, hairdressers, salons, SPAs and reflexology • Tuition classes, music classes, dance classes, arts, recitation classes, language classes, etc.
Entertainment Activities	<ul style="list-style-type: none"> • Activities in nightclubs or pubs. • Activities in cinemas except for those in green zones within RMCO areas which are permitted to carry out such activities. • Concerts or live events with spectators.
Seminars / Workshops / Conferences / Exhibitions	<ul style="list-style-type: none"> • All Seminars / Workshops / Courses / Training Sessions / Conferences / Talks / Exhibitions and activities related to Meeting, Incentives, Conventions and Exhibitions (MICE).
Hosting of Mass Ceremonies	<ul style="list-style-type: none"> • Government and Private Sector Official and Non-Official Events, Social Events such as ceremonies, weddings and engagements, receptions, <i>aqiqah</i> ceremonies, <i>doa selamat</i>, <i>tahlil</i>, anniversaries, birthday celebrations, reunions, retreats and other social gatherings. • The attendance of government and private sector officers for Official and Non-Official Events from MCO, CMCO and EMCO areas to other areas.



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Sports and Recreational Activities	<ul style="list-style-type: none"> • All sports and leisure activities except for the relaxation provided for jogging and cycling activities as stated in this SOP. • Competition/tournament activities. • Sports and recreational activities that involve many and physical distancing would be difficult to control. • Sports events and competitions involving foreign participants.
Tourist Activities	<ul style="list-style-type: none"> • Tourist activities out of / into MCO areas and in CMCO areas. • International travel by citizens and domestic tourism involving foreign tourists entering Malaysia except for foreign tourists as determined by the Minister.
Other Unauthorized Activities	<ul style="list-style-type: none"> • Any activity that can cause many people to attend in one place, making it difficult to conduct physical distancing and comply with orders by the Director-General of Health. • Others as decided by the Government from time to time.